

A Lenten Challenge

Listen to a friend or family member without interruption

Give a person a compliment by word or text.

Think of a family to pray for anonymously each day.

Have an Internet-Free day or mobile phone fast.

Avoid junk food, wasting food or fast for one meal each week.

Smile kindly at people you meet who seem sad or worried.

Visit our church for 10 minutes and light a candle for a friend.

Let 'Please, Thank You, I'm Sorry' be sprinkled in your everyday conversation.

Point out another's good points when they are been criticised in their absence.

Avoid buying single use plastic.

Plant some seeds, bulbs or shrubs and watch them grow.

Go for a walk and listen for the hints of Spring. Sing as you walk, work or pray.

Visit our cemetery and pray for a bereaved family.

Trocaire 2021 ... Until love conquers fear

Trocaire boxes are available for collection from your local church. This year the focus is on the suffering people of South Sudan, personified by the two mothers, Ajak and her friend Awut. Widowed by war, trapped in poverty and fearful of the Covid pandemic, they have no hope without our help.

"This is my cry to you: please don't leave us alone. We are going through deep pain. Give your support this lent to my people in South Sudan. In their poverty, in their fears of war, in their traumatised spirit, they are trying their best to come out of it. That child who is crying may be the future leader of this country, who will transform this whole thing. We shall not give up and we shall always pray for you. Hold our hands. Walk with us. We need your prayers. We need your support. With your help, a good day can come for South Sudan". (Fr James, South Sudan Council of Churches).

Priest Phone Numbers: Fr John McMahon 433 9610 / Mob 086-2126582

Parish Cluster: Fr Mawn, Ballinamore 071-9644039 or 087-6869040; Fr Cusack, Ballinamore 087-2408409;

Fr Hannon, Arva 087-2830145; Fr C O'Gorman, Killeshandra 049-4334179,

Fr Peter Tiernan, Cloone/ Aughavas 071-9636016 or 086-3500114.

Parish Website

Our website is www.carrigallenparish.ie. The Parish Newsletter is uploaded to the site each weekend and you will also find a link to the daily livestreamed Masses from Carrigallen.

Parish Newsletter

This newsletter promotes Church, Voluntary and Community events. Articles for this newsletter, which must state author's name and phone number, can be written into one of the church diaries before 5pm on Thursdays or emailed to carrigallen@kilmorediocese.ie by 5pm on Fridays. The editors reserve the right to omit or amend articles.

Parish Newsletter

28th February 2021

2nd Sunday of Lent

Carrigallen ~ Drumeela ~ Drumreilly

The Transfiguration

Mark 9: 2-10



In today's Gospel (Mark 9:2-10), Jesus went up a high mountain to be alone with his friends, the disciples Peter, James and John where they were to encounter a heavenly experience. While they were on the mountain, a great change came over Jesus.

His clothes became bright and shining white and Elijah and Moses appeared and talked to him. The disciples were frightened and then a cloud came over them and they heard a loud voice, saying "This is my Son, the Beloved. Listen to him." On the mountain, the disciples saw Jesus's true loving self shining like the rays of the sun. All special moments in life pass quickly and it was now time for Jesus and His disciples to return to everyday reality. On their way down the mountain, He asked them to not tell anyone about what they had just seen until after His Resurrection.

Jesus's disciples weren't always the best of listeners and perhaps we too are very similar – we hear a lot but do we really listen to and process what is being said? If we listen to Jesus and spend time with God in our hearts, then we too can let our true light shine brightly. We can best listen to what Jesus has to say to us in our lives by praying more often and by listening more carefully to the Gospel stories. Perhaps Lent could be a time of listening for us, especially listening to God through extra time spent in prayer thus discovering what He wants us to do in life and how He wants us to help others. In this way our true light will shine out from inside us.

**Parish Masses Week Commencing
Sat 27th February 2021**

Carrigallen:

All Masses are private and are live streamed www.churchtv.ie - click on Carrigallen

Sat 27th 8:00pm Tom, Bridget and Elizabeth Mimna, Drumshangore & DFM
Sun 28th 11:15am Jim & Lily O'Neill, Killahurk
Mon 1st 10:00am Brigid Murray, Errew
Tue 2nd 7:30pm Mass of the Day followed by a virtual Holy half-hour
Wed 3rd 10:00am Missa Pro Populo
Fri 5th 10:00am First Friday followed by Stations of the Cross for Lent
Sat 6th 8:00pm Pat McGovern, Kinkeen & Deceased family members
Sun 7th 11:15am Sheila, Danny & Kevin Mitchell, Newtowngore & DFM
John & Catriona O'Brien, Newtowngore
Barry McIntyre, Cloncorrick



Weekday Mass: Mon, Wed, Thurs, Fri at 10:00am, Tues at 7:30pm

No Eucharistic Adoration until further notice

Drumeela & Drumreilly: No Masses or Eucharistic Adoration until further notice

An Act of Spiritual Communion

"When you cannot receive Holy Communion and you do not attend Mass you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you"

(St Teresa of Avila)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

Carrigallen G.A.A.

Next draw on Sun 28th Feb, jackpot €12,400, tickets from usual vendors or club app, <https://member.clubspot.app/club/carrigallen-gaa/lotto/tickets>.

Give Blood.



Leitrim's next blood donation clinic will be held on 9th & 10th March in the Bush Hotel, Carrick-on-Shannon. More details next week.

Collections Last Weekend

Carrigallen	€357
Drumeela	€365
Drumreilly	€366

We Pray For

Mary Goldrick (nee Williams), Carrowmore-Lacken, Co Mayo (aunt of Yvonne McGirl, Drumdiffer) whose funeral took place on Fri 19th Feb in Lacken Church followed by interment in Lacken Hill Cemetery
... and ...



Rose Donohoe (nee Flanagan) Gortnaleck, Ballyconnell (mother of Noeleen Hill, Cullen & Brownhill, Carrigallen) whose funeral took place in St Patrick's Church, Kilnavart on Thurs 25th Feb, followed by interment in the adjoining cemetery.

May their souls rest in peace.

Leitrim Covid-19 Helpdesk

Leitrim Covid-19 Community Response Forum operate a helpdesk which will respond to the needs of vulnerable members of our community. Lines are operational 24 hours per day, 7 days per week. Phone 071-9650473 or freephone 1800852389.

Religious Education

St Angela's College, Sligo in inviting applications for a part-time Certificate in Religious Education (Primary) with on-line delivery. The course is open to: Qualified primary school teachers; Qualified post-primary school teachers who wish to transfer to primary school teaching; parents, sacramental preparation teams and parish catechists who have a specific interest in the area of primary religious education may also apply. Closing date Fri 14th May. Further info from Mary Kearns,, Senior Administrator, School of Education, St Angela's College, Sligo email mkearns@stangelas.nuigalway.ie or www.stangelas.nuigalway.ie

Act of Hope For Lent

Oh my God, knowing Your power, Your infinite goodness and your mercy, I hope in You that by the merits of the passion and death of our Saviour Jesus Christ, You will grant me eternal life which You have promised to all who do the works of a good Christian; and these I resolve to do with the help of Your Grace, Amen.

Doors

There are many kinds of doors. Some look inviting to the eye. Some repel the glances of the passer by. There are friendly cottage doors that have a cosy homely air. Doors of churches, hallowed doors through which upon the Sabbath days countless worshippers have passed to sing their songs of prayer and praise. Prison doors that men pass through bereft of hope, no longer free. Doors of hospitals that stand for mercy and humanity. At the doorway of my heart may no one ever fail to find a swift response of sympathy, a word of welcome warm and kind.



Saint of the Week - St Kieran ('The Elder')

Kieran's mother came from Cape Clear in Co. Cork, his father from Ossory. Kieran was one of the pre-Patrician saints of Ireland. Kieran set out for Rome, where he was baptised and studied scripture there "under the abbot of Rome". He was ordained by the Pope and on his way back to Ireland it is said he met St. Patrick, who told him exactly where to found his settlement, giving him a bell which would only ring when he found the place. This turned out to be *Saighir Chiaráin*, near the village of Clareen in Co. Offaly. *He is called 'the Elder' to distinguish him from St. Ciarán of Clonmacnoise. St. Kieran's College in Kilkenny is named after him and his feast day is celebrated on 5th March.*