

### Exam Prayer

Lord, I know you are with me and love me. Give me peace of mind as I prepare for this time of study. Help me to focus on my books and notes. Keep me from all distractions so that I will make the best use of this time that is available to me. Give me insight that I might understand what I am studying and help me to remember it when the time comes. Above all, I thank you for the ability to be able to study and for the many gifts and talents you have given me. Help me always to use them in such a way that they honour you and do justice to myself. Amen.

### Prayer to the Sacred Heart

O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing in all that I do, and the grace of a holy death. Amen.

### A Prayer on Trinity Sunday

Glory be to the Father,  
Who by His almighty power and love created me,  
making me in the image and likeness of God.  
Glory be to the Son,  
Who by His Precious Blood delivered me from hell,  
and opened for me the gates of heaven.  
Glory be to the Holy Spirit,  
Who has sanctified me in the sacrament of Baptism,  
and continues to sanctify me  
by the graces I receive daily from His bounty.  
Glory be to the Three adorable Persons of the Holy Trinity,  
now and forever. Amen.

**Priest Phone Numbers:** Fr John McMahon 049-433 9610 / Mob 086-2126582

**Parish Cluster:** Fr Mawn, Ballinamore 071-9644039 or 087-6869040; Fr Cusack, Ballinamore 087-2408409;  
Fr C O'Gorman, Killeshandra 049-4334179, Fr Peter Tiernan, Cloone/ Aughavas 071-9636016 or 086-3500114.

### Parish Website

Our website is [www.carrigallenparish.ie](http://www.carrigallenparish.ie). The Parish Newsletter is uploaded to the site each weekend and you will also find a link to the daily livestreamed Masses from Carrigallen.

### Donate to your local Church online

Visit [www.kilmorediocese.ie](http://www.kilmorediocese.ie), click on 'Donate' and choose Carrigallen Parish. In the notes area, indicate which Church Area (Carrigallen or Drumeela or Drumreilly) you wish your contribution to be forwarded to. Thank you.

### Parish Newsletter

This newsletter promotes Church, Voluntary and Community events. Articles for this newsletter, which must state author's name and phone number, can be written into one of the church diaries before 5pm or Thursdays or emailed to [carrigallen@kilmorediocese.ie](mailto:carrigallen@kilmorediocese.ie) by 4pm on Fridays. The editors reserve the right to omit or amend articles.

# Parish Newsletter

4th June 2023

Holy Trinity Sunday

Carrigallen ~ Drumeela ~ Drumreilly

## The Most Holy Trinity

Today we reflect on the mystery of the Most Holy Trinity – three persons in one God. At the beginning of our Christian lives we are baptised in the name of the Father, the Son and the Holy Spirit and every time we bless ourselves and receive a blessing, these same familiar words are used. Our faith which is a mystery is based on a fundamental belief that there is one God who exists in three distinct persons. This can be confusing and difficult for us to fully understand but our God is infinite and therefore beyond our limited human comprehension. If we could fully understand God, then that would make us equal to or greater than God, but God has revealed himself to us so therefore we are not totally in the dark.



First, there is only one God and we profess this every time we pray the creed, so we are not believing in or praying to three Gods. Second, this one God is not solitary but is, in His essence, a communion of three persons - the Father, the Son, and the Holy Spirit. Third, these three persons are very distinct from one another. The Father is not the same as the Son and the Son is not the same as the Holy Spirit. Fourth, these three divine persons are one in substance or one in being with the Father. And so, the Trinity is a mystery which we are not expected to fully understand but with which we are called to have a relationship which is based on love. Through our faith we believe in God who has revealed himself to us in the Trinity.

**Parish Masses Week Commencing  
Sat 3rd June 2023**

**Carrigallen:**

All Masses are live streamed on [www.churchtv.ie](http://www.churchtv.ie) - click on Carrigallen

Sun 4th 11:15am John Mulligan, Beaghbeg

Sat 10th 12noon M.M. Kathleen Farrelly, Main Street

Sun 11th 11:15am Seamus McKenna, Mill Lane

**Weekday Mass:** Mon, Wed, 10:00am, Tue 7:30pm, Sat 12 noon

**Eucharistic Adoration:** Tues 6:30pm-7:30pm and Wed 10:30am-11:30am

**Drumeela:**

Sun 4th 10:00am Mass for Trinity Sunday

Fri 9th 7:30pm Missa Pro Populo

Sun 11th 10:00am Benny O'Rourke & dec'd m'bers of the Smith Family, Newtowngore

**Weekday Mass:** Fri at 7:30pm



**Drumreilly:**

Sat 3rd 8:00pm John & Sissy Mitchell, Kinkeen

Thur 8th 7:30pm Jim & Anna Mae Canning, Drumcoura & deceased family members

Sat 10th 8:00pm Bridie Lunney, Toome

**Weekday Mass:** Thurs at 7:30pm,

**Eucharistic Adoration:** Tues 7:00pm - 8:00pm

**Collections Last Weekend**

Carrigallen €470

Drumeela €236

Drumreilly €429 (incl €65 returns  
from Ballinamore)

**Carrigallen Club On-Line Lotto**

Tickets available from local vendors or online at <https://member.clubspot.app/club/carrigallen-gaa/lotto/tickets>. Jackpot capped at €20,000 until won. If not won there will be four lucky dip prizes of €25. An extra prize for weekly recurring tickets. Click on "automatically renew purchase" at checkout. Draw takes place each Sun on club Facebook page.

**Weekly Parish Bingo**

On Friday nights in Drumreilly Community Centre starting at 8:30pm sharp. Over €1,000 in prizes including a raffle. Please continue supporting this weekly fundraising social event.

**Drumreilly Active Age**

We meet on Wed nights in Drumreilly Community Centre at 8:30pm. We serve refreshments and we welcome new members.

**Carrigallen GAA Healthy Club**

Men's social 'walk and talk' group for all ages and all fitness levels. You can walk and talk at your own pace. Meeting at the GAA Park every Fri at 7:30pm with a social cuppa afterwards. All welcome. Please join us.

**Pope's Intention for June**

To pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to their victims and their families.



**Parish Pastoral Council Meeting**

Takes place on Wed 7th June in the Tom Clarke Room, Carrigallen Hall starting at 8:30pm. All members please attend.

**Vintage and Family Day**

Takes place in St Felim's, Ballinamore, Co Leitrim N41XR97 on this Sun, 4th June in aid of the Gavin Glynn Foundation, Patient Comfort Fund Ballinamore Nursing Unit and Drumreilly Community Afterschool. Large displays of vintage cars, tractors, commercials, motorbikes and stationary engines. Trade stalls, craft exhibitions and FREE kids entertainment including bouncy castles and Dinky Diggers. Live music from 2pm - 5pm with Kevin Logue. Gates open from 12 noon with exhibitor entry from 10am.

**School Fundraising**

Drumeela National School are holding a New 2U and Bake Sale at the school on Sun 11th June 11am-1pm. All proceeds in aid of school funds. Everyone welcome and thank you for your continued support.

**Irish Blood Transfusion Service**

Blood donations accepted at St Brigid's Community Centre, Lough Gowra this Tue 6th and Wed 7th June from 3:50pm to 8:10pm. Please ring 1 800 222 111 for an appointment, with your donor ID number if an existing donor. All blood groups needed. Give blood and save a life.



**Prayer for the Week**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

**Thought for the Week**

Kindness is loaning someone your strength instead of reminding them of their weaknesses.

**Mary's Meals Ireland**

Thanks to everyone who organised, collected and donated to the recent church gate collections. The total collected in Carrigallen Parish was €489.55 (Drumeela €127 and Carrigallen €362.55) which will feed 22 children in their place of education for a whole school year. May God bless you all.

**5-Step Support Service**

Are you affected by the misuse of alcohol or other drugs by another individual? 5-Step Support can help you; it is a free, non-judgemental, one-one consultation service. Putting your needs and wellbeing first, helping you manage often stressful, difficult and emotional issues. If you would like further information, please contact 071-9150578 / 085-8759319 or email [sligoleitrim@alcoholforum.com](mailto:sligoleitrim@alcoholforum.com). You don't have to be addicted to suffer from addiction!

**Ladies Gentle Exercise Classes**

On Mondays in Carrigallen G.A.A. Clubrooms at 11am. Social chat and cuppa afterwards. All welcome.

**Carrigallen Library**

The library celebrates Cruinniú na nÓg (a national day of free creativity for children under 18) on Fri 9th & Sat 10th June. Book your space to join in the fun with Jessica O'Rourke & Mudbugs. Design and make your own Suncatcher for your garden using natural & organic materials. Session 1 on Fri 9th at 2:30pm. Session 2 on Sat 10th at 12:30pm. Suitable for children aged 5-9 years. Events are free but spaces are limited. Call 049-4339188 to book your place.